

# 40 DAYS OF FORGIVENESS

- DAY 1 -

## **PRAY: PROVERBS 4:23**

We must first come, knowing that the price for our forgiveness was paid in full and that a supernatural transfer of this power to forgive is given to us, through Christ living in us!

GUARD YOUR HEART  
WITH ALL DILIGENCE,  
FOR OUT OF IT IS  
THE WELLSPRING OF LIFE.

Jesus is the Champion of Forgiveness.  
He exemplified this in His life.

*“Greater love hath no man than this, that  
a man lay down his life for his friends.”*

— John 15:13

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# 40 DAYS OF FORGIVENESS

- DAY 2 -

## **PRAY: EPHESIANS 4:32**

Lord, let me be reconciled to You and to those around me.

“BE KIND TO ONE ANOTHER, TENDERHEARTED, FORGIVING ONE ANOTHER, AS GOD IN CHRIST FORGAVE YOU.”

Restoration is a result of forgiveness. Even our spiritual exchanges with God are impacted by our peace with others. Jesus said on the Sermon on the Mount, “So if you are offering your gift at the altar and there remember that your brother has something against you, leave your gift there before the altar and go. First be reconciled to your brother, and then come and offer your gift.”

*“Forgiving and being forgiven are two names for the same thing. The important thing is that a discord has been resolved.”— C.S. Lewis*

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# 40 DAYS OF FORGIVENESS

- DAY 3 -

**PRAY: EPHESIANS 1:7** KJV

Jesus, let the power of Your blood forgive me and may I, in turn, exemplify that power to those around me, for Your glory.

“IN WHOM WE HAVE REDEMPTION THROUGH HIS BLOOD, THE FORGIVENESS OF SINS, ACCORDING TO THE RICHES OF HIS GRACE”

The foundation of true forgiveness is understanding the depth of the price paid for that ETERNAL position.

*Are there words of forgiveness that need to be spoken to someone today? Pray for the strength to say them.*

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# 40 DAYS OF FORGIVENESS

- DAY 4 -

## **PRAY: PROVERBS 13:20**

Lord, let me gain wise counsel in this journey of forgiveness.

“HE WHO WALKS WITH WISE  
MEN WILL BE WISE, BUT THE  
COMPANION OF FOOLS  
WILL SUFFER HARM.”

Forgiveness needs a wise plan in action. There are boundaries that must be taken down and there are boundaries that must be put in place.

*Who comes to mind when you think of wise counsel, and can speak into your journey of forgiveness?*

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# 40 DAYS OF FORGIVENESS

- DAY 5 -

## **PRAY: PROVERBS 14:13**

Father, my heart breaks in this journey of forgiveness. Please bring healing.

“EVEN IN LAUGHTER THE  
HEART MAY BE IN PAIN”

Have you ever tried to laugh through the most devastating heartbreak? God knows the pain. Forgiveness often takes allowing some of these tearful feelings to flow.

Psalm 51:17 The sacrifices of God are a broken spirit; a broken and contrite heart, O God, You will not despise.

**“Forgiveness is not an occasional act;  
it is a permanent attitude.”**

— Martin Luther King Jr.

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# 40 DAYS OF FORGIVENESS

- DAY 6 -

## **PRAY: PSALM 86:4-5**

Lord, make my heart rest in Your forgiveness. You abound in steadfast love to all who call upon You. Let me forgive in Your power and not my own.

“GLADDEN THE SOUL OF YOUR  
SERVANT, FOR TO YOU, O LORD, DO I  
LIFT UP MY SOUL. FOR YOU, O LORD,  
ARE GOOD AND FORGIVING,  
ABOUNDING IN STEADFAST LOVE  
TO ALL WHO CALL UPON YOU.”

Forgiveness is a supernatural transaction  
of the spirit.

*Forgiveness is the fragrance the violet  
sheds on the heel that has crushed it.*

— Mark Twain

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# 40 DAYS OF FORGIVENESS

- DAY 7 -

## **PRAY: HEBREWS 4:16**

Heavenly Father, we come boldly to the throne of grace, have mercy on me and grant me grace to help and heal.

“LET US THEREFORE COME BOLDY TO THE THRONE OF GRACE, THAT WE MAY OBTAIN MERCY AND FIND GRACE TO HELP IN TIME OF NEED.”

Forgiveness with God’s power brings healing for the soul.

*“Jesus says that those who live by God’s forgiveness must imitate it. A person whose only hope is that God will not hold his faults against him forfeits his right to hold others’ faults against them.”— Dr. David Jeremiah, Prayer the*

*Great Adventure*

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# 40 DAYS OF FORGIVENESS

- DAY 8 -

## **PRAY: PROVERBS 10:12**

Lord Jesus, take any bitterness and hatred from my heart and let Your love cover all.

**“HATRED STIRS UP STRIFE,  
BUT LOVE  
COVERS ALL OFFENSES.”**

Let love cover the offenses against our hearts and the offenses our hearts have caused. Colossians 3:13 “Bear with each other and forgive one another if any of you has a grievance against someone.”

**Forgive as the Lord forgave you.**

**“Man has two great spiritual needs. One is for forgiveness. The other is for goodness.”— Billy Graham**

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# 40 DAYS OF FORGIVENESS

- DAY 9 -

## **PRAY: EPHESIANS 4:2**

God, let me walk with a humble spirit  
and gentleness.

BE COMPLETELY HUMBLE  
AND GENTLE;  
BE PATIENT, BEARING WITH  
ONE ANOTHER IN LOVE.

Forgive as the Lord forgave you.

**“Asking for and receiving  
forgiveness from another person  
takes courage.”**

— Jan Dargatz

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# 40 DAYS OF FORGIVENESS

- DAY 10 -

## **PRAY: JOEL 2:13**

Father, my heart is before You. Please forgive me and let me know the forgiveness of those I have wronged.

“REND YOUR HEART AND NOT YOUR GARMENTS. RETURN TO THE LORD YOUR GOD, FOR HE IS GRACIOUS AND COMPASSIONATE, SLOW TO ANGER AND ABOUNDING IN LOVE, AND HE RELENTS FROM SENDING CALAMITY.”

Seeking forgiveness is a matter of humbling ourselves.

*“Happiness is impossible without repentance, forgiveness, and a right relationship with Christ.”— Randy Alcorn,*

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# 40 DAYS OF FORGIVENESS

- DAY 11 -

Jesus, thank You for Your grace  
and forgiveness.

## **PRAY: HEBREWS 10:17**

“THEN HE ADDS: ‘THEIR SINS AND  
LAWLESS ACTS I WILL  
REMEMBER NO MORE.’”

Isaiah 1:18 “Come now, let us settle the matter,”  
says the LORD. “Though your sins are like scar-  
let, they shall be as white as snow; though they  
are red as crimson, they shall be like wool.

Grateful hearts reflecting on the forgiveness  
that has been given, usher in God’s power.

*“Forgiving other people who have wronged us or  
hurt us or embarrassed us is not easy. In fact, some-  
times it seems impossible. But that is what God did  
for us and what He asks us to do for others.”*

— Korie Robertson, Faith Commander

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# 40 DAYS OF FORGIVENESS

- DAY 12 -

Jesus, I want my heart clean before You, most of all. I confess my heart to You and renounce the wandering of my heart. I pray mercy over my soul, in Jesus' Name.

## **PRAY: PROVERBS 28:13**

“WHOEVER CONCEALS THEIR SINS  
DOES NOT PROSPER, BUT THE ONE WHO  
CONFESSES AND RENOUNCES THEM  
FINDS MERCY.”

Daniel 9:9: The Lord our God is merciful and forgiving, even though we have rebelled against Him;

Let us unveil our hearts to the One  
Who already knows the thoughts and  
reason of our spirit.

*“God’s forgiveness extends to the worst offenders  
and to anyone who wishes to receive it - not because  
of who we are, but because of who He is.”*

— Charles Swindoll

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# 40 DAYS OF FORGIVENESS

- DAY 13 -

God, I want the posture of my heart and the attitude of my spirit sure and grounded in Your Spirit. Lead me afresh in Truth and forgiveness. Help me to exhibit Your grace in my life.

## **PRAY: ACTS 3:19**

“REPENT, THEN, AND TURN TO GOD, SO THAT YOUR SINS MAY BE WIPED OUT, THAT TIMES OF REFRESHING MAY COME FROM THE LORD.”

Psalm 86:5: You, Lord, are forgiving and good, abounding in love to all who call to you.

The true refreshing of God is walking in full confidence that even the jaws of death have been conquered through Jesus Christ.

*“A forgiveness ought to be like a canceled note, torn in two and burned up, so that it can never be shown against the man.”*

— Henry Ward Beecher

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# 40 DAYS OF FORGIVENESS

- DAY 14 -

Lord, I want to forgive and trust in the right manner. I want to live in love, and know safe boundaries have been established in wisdom.

**PRAY: MATTHEW 18:21-22**

“THEN PETER CAME TO JESUS AND ASKED, “LORD, HOW MANY TIMES SHALL I FORGIVE MY BROTHER OR SISTER WHO SINS AGAINST ME? UP TO SEVEN TIMES?”

THE LORD REPLIED,  
“I TELL YOU, NOT SEVEN TIMES, BUT SEVENTY TIMES SEVEN!”

*“Forgiveness must be immediate, whether or not a person asks for it. Trust must be rebuilt over time. Trust requires a track record. If someone hurts you repeatedly, you are commanded by God to forgive them instantly, but you are not expected to trust them immediately, and you are not expected to continue allowing them to hurt you.”*

— Rick Warren, *What On Earth Am I Here for?*

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# 40 DAYS OF FORGIVENESS

- DAY 15 -

Jesus, I stand as a new creation through  
You. Let me walk in Your Spirit.

**PRAY: 2 CORINTHIANS 5:17**

“THEREFORE, IF ANYONE IS IN  
CHRIST, THE NEW CREATION HAS  
COME: THE OLD HAS GONE, THE  
NEW IS HERE!”

Live in the Truth of God’s forgiveness,  
as we have submitted to His holiness.

*“You have been forgiven, so act like it!”*  
— A.W. Tozer

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# 40 DAYS OF FORGIVENESS

- DAY 16 -

My Lord, I want no “stones of bitterness thrown” from my heart. Let my words be centered in You.

## **PRAY: JOHN 8:7**

WHEN THEY KEPT ON QUESTIONING HIM, HE STRAIGHTENED UP AND SAID TO THEM, “LET ANY ONE OF YOU WHO IS WITHOUT SIN BE THE FIRST TO THROW A STONE AT HER.”

Our words have such weight to them. One Proverb tells us, “a soft answer can break a bone.” Let our mouths be a testimony of grace.

*“To err is human, to forgive, divine.”*  
— Alexander Pope



# 40 DAYS OF FORGIVENESS

- DAY 17 -

Father, let me show supernatural forgiveness to those that have hurt me. Only You can bring this about in my heart in sincerity.

**PRAY: ROMANS 12:20**

“ON THE CONTRARY:  
‘IF YOUR ENEMY IS HUNGRY, FEED  
THEM; IF THEY ARE THIRSTY, GIVE  
THEM SOMETHING TO DRINK...”

God asks us to do the opposite of what our might be expected sometimes. Pray for the wisdom to walk boldly in Truth.

*“In the shadow of my hurt, forgiveness feels like a decision to reward my enemy. But in the shadow of the cross, forgiveness is merely a gift from one undeserving soul to another.”*

— Andy Stanley, *It Came from Within!*

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# 40 DAYS OF FORGIVENESS

- DAY 18 -

God, help me forgive like You forgive.  
I need Your help to gain an  
eternal perspective.

## **PRAY: MATTHEW 6:14-15**

“FOR IF YOU FORGIVE OTHER PEOPLE  
WHEN THEY SIN AGAINST YOU, YOUR  
HEAVENLY FATHER WILL ALSO  
FORGIVE YOU. BUT, IF YOU DO NOT  
FORGIVE OTHERS THEIR SINS, YOUR  
FATHER WILL NOT FORGIVE YOUR SINS.”

The connection of our hearts and  
forgiveness go hand-in-hand.

*“Jesus Himself stresses that only those  
who grant forgiveness will receive it.”*

— Dr. David Jeremiah, *Prayer the Great Adventure*

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# 40 DAYS OF FORGIVENESS

- DAY 19 -

Lord, as I am reconciled to You,  
let me tell others of the invitation  
You so graciously offer.

## **PRAY: 2 CORINTHIANS 5:18-19**

“ALL THIS IS FROM GOD, WHO THROUGH CHRIST RECONCILED US TO HIMSELF AND GAVE US THE MINISTRY OF RECONCILIATION: THAT IS, IN CHRIST GOD WAS RECONCILING THE WORLD TO HIMSELF, NOT COUNTING THEIR TRESPASSES AGAINST THEM, AND ENTRUSTING TO US THE MESSAGE OF RECONCILIATION.”

We are wired to pass the hope  
that we have found on to others.

*“If Jesus forgave those who nailed Him to the cross,  
and if God forgives you and me, how can you with-  
hold your forgiveness from someone else?”*

— Anne Graham Lotz

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# 40 DAYS OF FORGIVENESS

- DAY 20 -

Father, I pray for wisdom and restoration.  
Let gentleness and Your hand of protection  
be over this journey.

## **PRAY: GALATIANS 6:1-2**

“BROTHERS, IF ANYONE IS CAUGHT IN  
ANY TRANSGRESSION, YOU WHO ARE  
SPIRITUAL SHOULD RESTORE HIM IN A  
SPIRIT OF GENTLENESS. KEEP WATCH ON  
YOURSELF, LEST YOU TOO BE TEMPTED.”

Whether restoring or being restored, the  
posture of gentleness and a protected heart  
can only be balanced by God's power.

*Thinking about forgiving is not enough.  
You must come to a moment when you say,  
“With God's help I now forgive.”*

— Norman Vincent Peale

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# 40 DAYS OF FORGIVENESS

- DAY 21 -

Jesus, Your blood lets me proclaim  
innocence by Your account and  
not my own. I praise You!

**PRAY: ISAIAH 43: 25-26**

“I, EVEN I, AM HE WHO BLOTS OUT YOUR  
TRANSGRESSIONS, FOR MY OWN SAKE,  
AND REMEMBERS YOUR SINS NO MORE.  
REVIEW THE PAST FOR ME, LET US AR-  
GUE THE MATTER TOGETHER; STATE  
THE CASE FOR YOUR INNOCENCE.”

Jesus Christ paid the price of death and  
separation from God, through His death,  
burial and resurrection. The mystery  
of salvation still gives pause  
to the angels of heaven.

*To begin loving people today, we must close the door  
on the past. And that cannot happen without  
forgiveness! Forgive those who have hurt you  
for your sake, not because they deserve it.*

— Rick Warren, *God's Power To Change Your Life*

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# 40 DAYS OF FORGIVENESS

- DAY 22 -

Jesus, the riches of Your grace are just the start of your expression of love and forgiveness for me. Let that same power flow through my heart as well.

## **PRAY: EPHESIANS 1:7**

“IN HIM WE HAVE REDEMPTION THROUGH HIS BLOOD, THE FORGIVENESS OF SINS, IN ACCORDANCE WITH THE RICHES OF GOD’S GRACE.”

Unsearchable riches beyond measure come together with God’s forgiveness. There is no exhausting the love of Jesus Christ.

*There are some facts that will never change. One fact is that you are forgiven. If you are in Christ, when He sees you, your sins are covered-He doesn’t see them.*

*He sees you better than you see yourself.*

*— Max Lucado, Walking with the Savior*

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# 40 DAYS OF FORGIVENESS

- DAY 23 -

Heavenly Father, I pray that bitterness, wrath and anger be put away from me. Let all malice be cast aside and let me be tenderhearted, forgiving and kind, as You have forgiven me.

## **PRAY: EPHESIANS 4:31-32**

“LET ALL BITTERNESS AND WRATH AND ANGER AND CLAMOR AND SLANDER BE PUT AWAY FROM YOU, ALONG WITH ALL MALICE. BE KIND TO ONE ANOTHER, TENDERHEARTED, FORGIVING ONE ANOTHER, AS GOD IN CHRIST FORGAVE YOU.”

Whether restoring or being restored, the posture of gentleness and a protected heart can only be balanced by God’s power.

*“We all must be reminded that unforgiveness can creep into and lurk around the secret corners of our hearts, and we can give place to it without even recognizing what it is.”*

— Stormie Omartian

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# 40 DAYS OF FORGIVENESS

- DAY 24 -

Jesus, I want reconciliation to this person on my heart, right now. Let me have wise words that initiate healing.

**PRAY: MATTHEW 5:23-24**

“THEREFORE, IF YOU ARE OFFERING YOUR GIFT AT THE ALTAR AND THERE REMEMBER THAT YOUR BROTHER OR SISTER HAS SOMETHING AGAINST YOU, LEAVE YOUR GIFT THERE IN FRONT OF THE ALTAR. FIRST GO AND BE RECONCILED TO THEM; THEN COME AND OFFER YOUR GIFT.”

God puts a premium on making our hearts right with Himself and others.

*In the presence of God, nothing stands between Him and us - we are forgiven. But we cannot feel His presence if anything is allowed to stand between ourselves and others.*

— Dag Hammarskjöld

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# 40 DAYS OF FORGIVENESS

- DAY 25 -

Father, let patience lead me in a humble, respectful path of truth. Let the endurance of my heart reflect Your hope.

## **PRAY: 1 CORINTHIANS 13:4-7**

“LOVE IS PATIENT AND KIND; LOVE DOES NOT ENVY OR BOAST; IT IS NOT ARROGANT OR RUDE. IT DOES NOT INSIST ON ITS OWN WAY; IT IS NOT IRRITABLE OR RESENTFUL; IT DOES NOT REJOICE AT WRONGDOING, BUT REJOICES WITH THE TRUTH. LOVE BEARS ALL THINGS, BELIEVES ALL THINGS, HOPES ALL THINGS, ENDURES ALL THINGS.”

The pure essence of “LOVE”  
is a bundle of hope.

“The best of what we do and are,  
Just God, forgive!” – William Wordsworth

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# 40 DAYS OF FORGIVENESS

- DAY 26 -

Lord, I come to You burdened, I come to You in need of rest. Let me learn from You and Your power of forgiveness.

## **PRAY: MATTHEW 11:28-30**

“COME TO ME, ALL WHO LABOR AND ARE HEAVY LADEN, AND I WILL GIVE YOU REST. TAKE MY YOKE UPON YOU, AND LEARN FROM ME, FOR I AM GENTLE AND LOWLY IN HEART, AND YOU WILL FIND REST FOR YOUR WEARY SOULS. FOR MY YOKE IS EASY, AND MY BURDEN IS LIGHT.”

The freedom of forgiveness loosens the shackles around our hearts.

*“Forgiveness is the key that unlocks the door of resentment and the handcuffs of hatred. It is a power that breaks the chains of bitterness and the shackles of selfishness.”*

— Corrie ten Boom, *Clippings from My Notebook*

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# 40 DAYS OF FORGIVENESS

- DAY 27 -

God, I release the wrongs against my heart,  
the best I know how to do. Let me know  
Your forgiveness, in turn.

## **PRAY: MATTHEW 6:14**

“FOR IF YOU FORGIVE OTHERS THEIR  
TRESPASSES, OUR HEAVENLY FATHER  
WILL ALSO FORGIVE YOU.”

The only way the peace of God can reign in  
our hearts is if we have a clean conscience  
with the peace that comes from forgiveness.

*“You must forgive. You must. This is the only  
possible way to your freedom and the  
cancellation of your own debts. You must release  
people. You must do this because this is the only  
way you’ll be able to release yourself.”*

— Brian Hardin

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# 40 DAYS OF FORGIVENESS

- DAY 28 -

Jesus, I want my heart to forgive the pain in my spirit. Let me be an agent of comfort in this journey. Give me wisdom to know what to say and how to restore.

## **PRAY: 2 CORINTHIANS 13:4-7**

“BUT IF ANY HAS CAUSED SORROW, HE HAS CAUSED SORROW NOT TO ME, BUT IN SOME DEGREE – IN ORDER NOT TO SAY TOO MUCH TO ALL OF YOU. SUFFICIENT FOR SUCH A ONE IS THIS PUNISHMENT, WHICH WAS INFLICTED BY THE MAJORITY, SO THAT ON THE CONTRARY YOU SHOULD RATHER FORGIVE AND COMFORT HIM, OTHERWISE SUCH A ONE MIGHT BE OVERWHELMED BY EXCESSIVE SORROW. WHEREFORE I URGE YOU TO REAFFIRM YOUR LOVE FOR HIM.”

As a body of believers, we must come together to forgive offenses that affect the body.

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# 40 DAYS OF FORGIVENESS

- DAY 29 -

Heavenly Father, I want to be “on mission” with You. The redemption of hearts is Your desire. Let me be the hands of Jesus.

## **PRAY: ACTS 10:42-43**

“AND HE ORDERED US TO PREACH TO THE PEOPLE, AND SOLEMNLY TO TESTIFY THAT THIS IS THE ONE WHO HAS BEEN APPOINTED BY GOD AS JUDGE OF THE LIVING AND THE DEAD. OF HIM ALL THE PROPHETS BEAR WITNESS THAT THROUGH HIS NAME EVERYONE WHO BELIEVES IN HIM RECEIVES FORGIVENESS OF SINS.”

In the journey of forgiveness, it is we who must answer the call and tell the Good News.

*“Your neighbor may be a real, you know, donkey but you’ve gotta love him anyway. Or maybe most of all.”— Beth Moore*

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# 40 DAYS OF FORGIVENESS

- DAY 30 -

Lord, let me walk in the reality that I am  
of Your Kingdom and forgiven  
by the King of kings.

**PRAY: COLOSSIANS 1:13-14**

“FOR HE RESCUED US FROM  
THE DOMAIN OF DARKNESS,  
AND TRANSFERRED US TO THE  
KINGDOM OF HIS BELOVED SON,  
IN WHOM WE HAVE REDEMPTION,  
THE FORGIVENESS OF SINS.”

We can live in the very kingdom of Jesus,  
knowing that His forgiveness  
will never let go.

*“If we forgive other people, our hearts are  
made fit to receive forgiveness.”*

— Corrie ten Boom

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# 40 DAYS OF FORGIVENESS

- DAY 31 -

God, Your mercy is like the ocean tide. I will forgive as Your Spirit has washed me clean.

**PRAY: LUKE 23:43**

“AND HE SAID TO HIM,  
‘TRULY, I SAY TO YOU, TODAY  
YOU WILL BE WITH ME IN PARADISE.’”

The grace of God is ever  
at the doorstep of our hearts.

“Serve the ones who hate you;  
forgive the ones who hurt you.  
Take the lowest place, not the highest;  
seek to serve, not to be served.”

— Max Lucado, *Life to the Max*

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# 40 DAYS OF FORGIVENESS

- DAY 32 -

Lord, my sins are ever before me.  
Those that are forgiven little, love little,  
and those that are forgiven much,  
love greatly. My heart is Yours alone.

## **PRAY: LUKE 7:47-48**

“FOR THIS REASON I SAY TO YOU, HER SINS, WHICH ARE MANY, HAVE BEEN FORGIVEN, FOR SHE LOVED MUCH; BUT HE WHO IS FORGIVEN LITTLE, LOVE LITTLE. THEN HE SAID TO HER, ‘YOUR SINS HAVE BEEN FORGIVEN.’”

The proportion by which we have been forgiven translates to the way we exhibit our appreciation for the pardon.

*“(on forgiveness) Didn’t he and I stand together before an all seeing God convicted of the same murder? For I had murdered him with my heart and my tongue.”— Corrie ten Boom*

*The Hiding Place: The Triumphant True Story of Corrie Ten Boom*

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# 40 DAYS OF FORGIVENESS

- DAY 33 -

Lord, pardon the iniquity of the people according to the greatness of Your loving kindness, just as You also have forgiven this people.

## **PRAY: NUMBERS 14:19-20**

“PARDON, I PRAY, THE INIQUITY OF THIS PEOPLE ACCORDING TO THE GREATNESS OF YOUR LOVINGKINDNESS, JUST AS YOU ALSO HAVE FORGIVEN THIS PEOPLE, FROM EGYPT EVEN UNTIL NOW. SO THE LORD SAID, ‘I HAVE PARDONED THEM ACCORDING TO YOUR WORD; ’”

**Pardon from the Creator lasts an eternity.**

**“If you want to change the geometry of your life, no more circles - if you want to reach out for the fullness of what God has for you to experience in life... forgiveness is a foundational issue.”**

— Priscilla Shirer

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# 40 DAYS OF FORGIVENESS

- DAY 34 -

God, my heart rejoices in Your grace!

## **PRAY: PSALM 32:1**

“HOW BLESSED IS HE WHOSE  
TRANSGRESSION IS FORGIVEN,  
WHOSE SIN IS COVERED!”

Even in the downcast state of our humanity,  
the heart can rejoice in the  
freedoms of forgiveness.

*“We learn, on the one hand, that we cannot  
trust ourselves even in our best moments, and,  
on the other, that we need not despair even in  
our worst, for our failures are forgiven.  
The only fatal thing is to sit down content with  
anything less than perfection.”*

— C.S. Lewis

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# 40 DAYS OF FORGIVENESS

- DAY 35 -

Father, Your forgiveness cost You Your life.  
Let me live my life for Your glory.

## **PRAY: HEBREWS 9:22**

“AND ACCORDING TO THE LAW,  
ONE MAY ALMOST SAY, ALL THINGS ARE  
CLEANSED WITH BLOOD,  
AND WITHOUT SHEDDING OF BLOOD  
THERE IS NO FORGIVENESS.”

The holy blood of Jesus is the only source  
of salvation for our hearts.

*“Forgiveness will help you more than  
the person you forgive.”*

— Catherine Pulsifer

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# 40 DAYS OF FORGIVENESS

- DAY 36 -

Lord, I desire a clean slate in my heart  
and forgive the people  
that have caused me harm.

## **PRAY: MARK 11:25**

“WHENEVER YOU STAND PRAYING,  
FORGIVE, IF YOU HAVE ANYTHING  
AGAINST ANYONE, SO THAT YOUR  
FATHER WHO IS IN HEAVEN WILL ALSO  
FORGIVE YOU YOUR TRANSGRESSIONS.”

Release yourself from the  
weight of unforgiveness.

*“To be unforgiving is like to drink poison  
and wait for someone else to die!”*

— Rev. TD Jakes

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# 40 DAYS OF FORGIVENESS

- DAY 37 -

Father in Heaven,  
hear my prayer and forgive.

**PRAY: 1 KINGS 8:30**

“LISTEN TO THE SUPPLICATION OF  
YOUR SERVANT AND OF YOUR PEOPLE  
ISRAEL, WHEN THEY PRAY TOWARD  
THIS PLACE; HEAR IN HEAVEN YOUR  
DWELLING PLACE;  
HEAR AND FORGIVE.”

The Lord is longing  
to show His compassion to His children.

*“We will never be able to wash the feet of  
those who have hurt us until we allow Jesus,  
the one we have hurt, to wash ours.”*

— Max Lucado

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# 40 DAYS OF FORGIVENESS

- DAY 38 -

You, O, Lord, are a merciful Savior.  
Please grant me your forgiveness  
and wipe away my transgressions.

## **PRAY: 1 KINGS 8:50**

“...AND FORGIVE YOUR PEOPLE WHO HAVE SINNED AGAINST YOU AND ALL THEIR TRANSGRESSIONS WHICH THEY HAVE TRANSGRESSED AGAINST YOU, AND MAKE THEM OBJECTS OF COMPASSION BEFORE THOSE WHO HAVE TAKEN THEM CAPTIVE, THAT THEY MAY HAVE COMPASSION ON THEM.”

God stands ready to forgive  
and bring healing to our land.

*“Our duty, then, is to bear meekly and patiently the suffering which others may cause us to endure, to treat with love the hand that strikes us, to forgive those who injure us, and to commit all the injustices and inequities of our lives into the hand of the just and righteous God.” – Al Bryant*

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# 40 DAYS OF FORGIVENESS

- DAY 39 -

God, You give new life.  
Fill me with Your life and purpose.

## **PRAY: COLOSSIANS 2:13**

“WHEN YOU WERE DEAD IN YOUR  
TRANSGRESSIONS AND THE  
UNCIRCUMCISION OF YOUR FLESH,  
HE MADE YOU ALIVE TOGETHER WITH  
HIM, HAVING FORGIVEN US  
ALL OUR TRANSGRESSIONS,”

New life starts with knowing  
the forgiveness of God,  
through Jesus Christ.

*“Love may forgive all infirmities and love still  
in spite of them: but Love cannot cease  
to will their removal.”*

— C.S. Lewis, *The Problem of Pain*

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# 40 DAYS OF FORGIVENESS

- DAY 40 -

Jesus, there is nothing more important than to know Your goodness and mercy. I praise You for Your loving-kindness.

## **PRAY: PSALM 65:3**

“INIQUITIES PREVAIL AGAINST ME;  
AS FOR OUR TRANSGRESSIONS,  
YOU FORGIVE THEM.”

The grace of Jesus Christ brings us into new seasons of life and fullness.

**“Nothing in the Christian life is more important than forgiveness—our forgiveness of others and God’s forgiveness of us.”**

— John MacArthur, Jr., *Alone with God*

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